

TOBACCO QUIT AIDS

The state's prescription drug coverage provides free tobacco quit aids to members who want to stop using tobacco products.

The following quit aids are **FREE** under the pharmacy benefit:

- Chantix
- Bupropion (Generic Zyban)
- Over-the-counter **generic** nicotine replacement products, including gum, patches and lozenges (nicotine inhalers are not included)

Members may receive up to two, 12-week courses of treatment per calendar year (up to 168 days of treatment) with no lifetime maximum.

For members to obtain over-the-counter products at no cost, a prescription from their doctor is required. Quit aid prescriptions for 30-day supplies can be filled at participating network pharmacies, while 90-day supplies can be obtained at participating 90-day retail pharmacies or through Caremark mail order. To find a pharmacy near you, call Caremark at 1.877.522.8679 or log on to www.caremark.com.

For More Information...

For more information about how to quit using tobacco products, call the ParTNers for Health Wellness Program at 1.888.741.3390 or go to www.partnersforhealthtn.gov.

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